## Fruitful Collaboration

For Shruti Jain, founder of vegetarian food blog The Leaf Bowl, visual presentation is a fundamental part of experiencing a meal. In an exclusive feature for Verve, she photographs a collection of six inviting fruit-based dishes, capturing the richness of their natural colours in her trademark minimal style

TEXT BY TINA DASTUR

ne of the most polarising topics in the culinary world is that of taste versus presentation. And no one understands the importance of carefully balancing both aspects better than food blogger Shruti Jain of The Leaf Bowl.

The New Delhi-based graduate in graphic design started her blog only last year, but proudly labels herself a 'food artist' today, and rightly so. Her own one-woman army, Jain not only cooks the droolworthy dishes that brighten up her social media pages, she even styles, composes and photographs them. A quick scroll through her Instagram profile is enough to tell you that she's a stickler for the 'less is fruits. "Basic product yet cooking. The and ability to into a great flavours are part of the story of the product yet cooking. The and ability to into a great flavours are part of the story of th

more' philosophy. Simple and spartan in appeal, her frames adopt a cool colour palette, focus on only the most basic elements and are illuminated entirely by natural light.

In this photoessay, she embraces the familiarity of fruits. "Basic ingredients that disappear into the final product yet give flavour are indispensable to good cooking. The beauty of fruits lies in their versatility and ability to transform even the simplest of dishes into a great meal. Their bright tones and varying flavours are perfect for recipes that range from pies and cakes to salads, cocktails and savoury dishes, too," she expands.

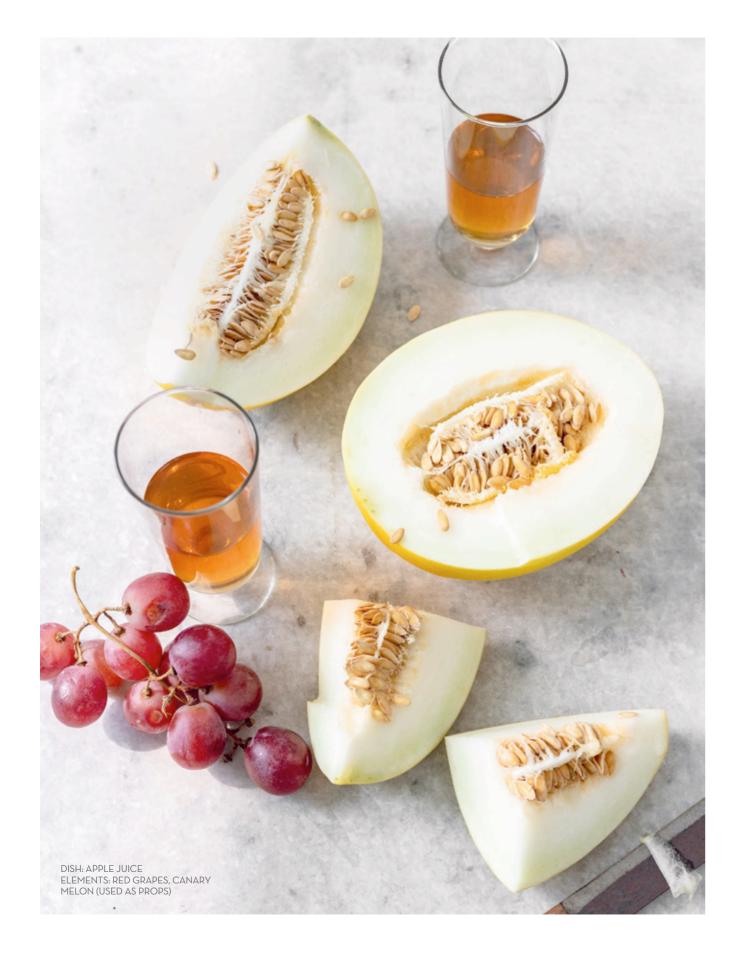


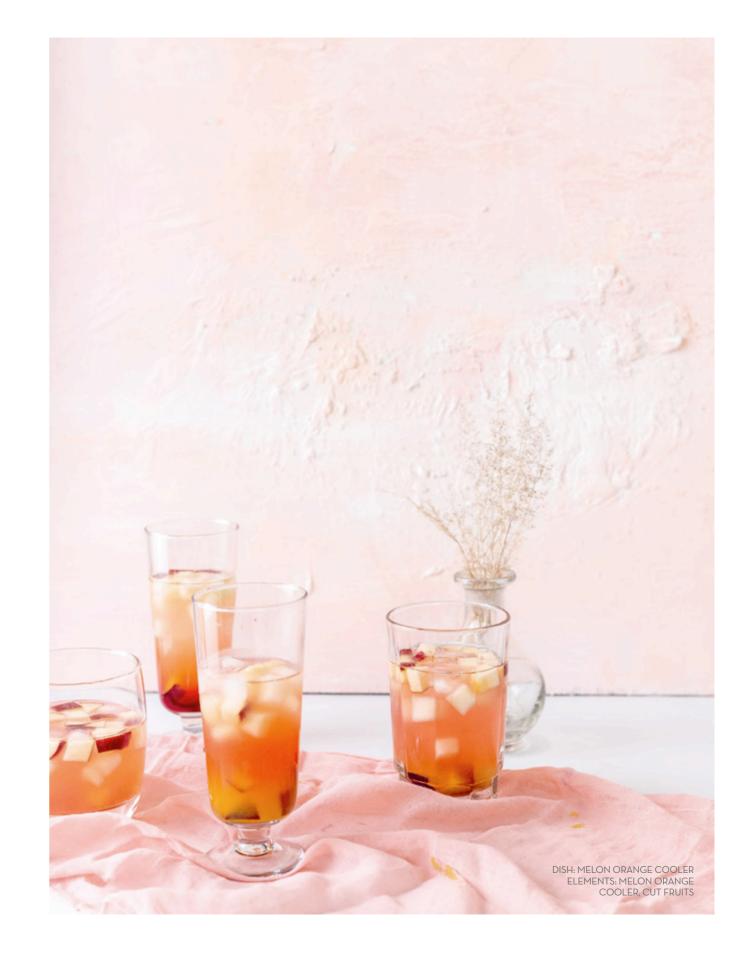
DISH: POACHED PEARS ELEMENTS: POACHED PEARS, CREAM, SPICED SUGAR SYRUP











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